

## April Events



April 1st	April's Fools Day
April 3rd	National Walking Day
April 4th	School Librarian Day
April 10th	Golfer's Day
April 15th	Tax Day
April 22nd	Earth Day (U.S.)
April 23rd	National Picnic Day
April 25th	World Penguin Day
April 26th	Arbor Day



## Expanding Your Circle At Every Stage Of Life

Building friendships and creating thriving social circles is a key component of good health throughout your entire life. Here are some suggestions for making new friends no matter how old you are:

- ▶ Take your pet for walks. Make conversation with folks who stop to chat.
- ▶ Volunteer to usher at your local community theater.
- ▶ Volunteer in community groups or at a hospital, church, or school.
- ▶ Take a course at your local community college.
- ▶ Shape up while meeting new people in an exercise class.
- ▶ Ask a small favor of a neighbor or co-worker, and do the same for him or her.
- ▶ Go out to lunch with a work or social acquaintance at least once a month.
- ▶ Get active in a social cause or goal.
- ▶ Join a hobby group.



## Enhance Inspiration With These Techniques

Sometimes your creative spark needs a boost. When you want to find inspiration and new ideas, try some of these tips:

- ⚡ **Limit yourself.** Instead of casting a wide net, restrict your thinking. Paint in just one or two colors; leave out your favorite words in whatever you're writing; use just one tool. This can force your mind to find new ways around obstacles.
- ⚡ **Revise the problem.** Look at your problem from different angles instead of concentrating on the end result that you're trying to achieve. Think about what your audience wants, not what you want, and what might bring that about.
- ⚡ **Daydream.** Don't start out daydreaming, but try it when you're in the middle of a project. Set your work aside and let your mind wander. Don't focus exclusively on what you're trying to accomplish, but let it bounce off other thoughts in your head. You may be able to connect seemingly unrelated ideas in new and interesting ways.



## Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to reach out to us...

**Call us at (215) 257-0204**

**Email us at**

**contact@joedavisautosport.com**

**Or visit our website at**

**www.joedavisautosport.com**



## April Is National Car Care Month

**Doctor's Orders:** You Will Receive \$10.00 OFF When You Have Any Service Or Repair Over \$200.00 Performed With Us On Any

**Otto Mobile, P.H.D**

**Monday During The Month Of April!**

**Expires 4/30/24 - Not Valid With Other Offers - Must Present Coupon - Excludes Oil Changes**

## Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

**Ben Steager, Christine Morciglio, Kyle Scerbo, Carlos Vega, Valentina Feo, Pat Mcanally, Chrissy McHugh, Avery Meiners, Nick Merelli, Bob Stumpp, Shelby Peddigree, Sophia Bushelli, George Sitter, Lisa Playtow, Debbi Forst, Todd & Sarah Hurley, Dorothy & Jim Engle, & Larry Kuhn.**

## Take This 'Double Your Money' Test

Doubling your money doesn't take magic, just time. The "rule of 72" can tell you how much time, based on the specific interest rate. Simply divide 72 by the interest rate you're looking at. For example, if an investment offers an interest rate of 6 percent, then 72 divided by 6 tells you that you'll need 12 years to turn five dollars into 10.

The equation also allows you to evaluate whether an investment opportunity really will double your money within a specific time frame. If someone offers to double your investment in 12 years, divide 72 by 12. The interest rate you arrive at is 6 percent. This lets you assess offers quickly so you can decide where to put your money.

## Imagine The Worst!

You're in the midst of a brainstorming session, but the ideas aren't flowing. What do you do?

Pause and change course. Instead of trying to come up with good ideas, focus on generating only bad, absolutely horrible, imperfect ideas—things so outrageous they could work only in a low-budget sci-fi movie.

Once you have a list of these impossibilities, whittle them down to only the worst of the worst. Now your task is to think of ways to bring some of these to fruition.

In going through these motions, you give yourself permission to tap into your creativity and move beyond your limitations. This also allows you to get over the fear of saying something stupid and appearing less than brilliant in the eyes of your colleagues.

This process will also surprise you once you realize how easy it is to make viable a truly bad idea. If it's possible to make the worst ideas a reality, then it's also possible to brainstorm something better. With your mind open, it's easier to get back on point and start coming up with better ideas.

## Stay Healthy With These Simple Tips

A healthy lifestyle isn't that hard to achieve. Start with these basic tips for getting into good shape and staying there:

- ✓ **Energy.** For more energy that lasts longer, avoid sugar and eat foods like lentils, soybeans, couscous, and dried fruits.
- ✓ **Water.** Make sure that you drink plenty of water every day to replenish and cleanse your body.
- ✓ **Happiness.** Pop a single chocolate kiss into your mouth. They've been shown to raise endorphin levels and make you feel better. Just don't go overboard; a full bag won't make you feel any better than just one.
- ✓ **Digestion.** Add some ginger to your recipes. Ginger has been used since ancient times in China to help digestion and cleanse the body.
- ✓ **Exercise.** After age 30, people begin to lose muscle mass, and weight-bearing exercises become increasingly important.
- ✓ **Nutrition.** Eat a well-balanced, low-fat diet with lots of fruits, vegetables and whole grains.



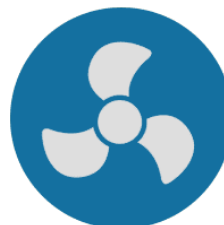
## Plan For Future Success Today

Your career success is too important to leave to chance. A solid plan is critical to forward movement. Start with these tips:

- ★ **Make a five-year plan.** What do you want to be doing in five years? What do you want to accomplish in that period of time?
- ★ **Build your contact list.** Go inside and outside of your organization to expand your professional network. The more contacts you have, the more diverse your career options will be.
- ★ **Look for challenges.** When you get bored with what you're doing, look for something new to do. Learn some different skills. Exploring fresh territory can open up unexpected possibilities.

## Cooling System Flush

Check thermostat, heater & coolant hoses, pressure check, cooling system, drain & refill radiator with new coolant. This service will make your vehicle's engine & computer a lot happier!



**\$10.00  
OFF!**

Expires 4/30/24  
Not Valid With Other Offers

*Nothing is impossible.  
The word itself says "I'm possible!"  
- Audrey Hepburn*



## Start Thinking Green This Spring

Most of us can do a lot better when it comes to being ecofriendly. Here are two areas where we can improve upon our good intentions while we lessen our negative impact on the environment:



- ➔ **Recycling.** It's great if you always throw your empty soda cans and water bottles in the recycle bin, but are there other items you are overlooking? If your municipality has a recycling program they probably have a set of guidelines posted online that explains what they accept and how you should prepare those items for disposal. Even marked recyclable items need proper prep (clean that peanut butter jar!).
- ➔ **The brown bag lunch.** Embrace sustainability when you take your lunch to work by eliminating the amount of disposable products you use. Carry your lunch in a cloth sack, bento box, or small basket. Pack food in glass, metal, or some other kind of reusable containers. Swap out paper napkins with cloth napkins, and plastic straws with metal ones. Keep a mug and flatware at work in an effort to generate less waste.

### Thank You For The Kind Words

"I have been using Joe Davis for many years now. They are VERY Kind, Professional and do Quality Work. I have gone other places and have been disappointed when I find that they can't put things back the way the manufacturer designed it and this simply doesn't happen at Joe Davis no matter what make the vehicle is. I can always trust Joe Davis to be honest and fair. They are willing to go the extra mile to help you in any situation!"



### Joe Davis AutoSport NEWSLETTER CHANGE

We wanted to inform you of an upcoming change regarding the distribution of our newsletter. Beginning in June, we will be discontinuing the paper version of our newsletter sent via mail. However, we are pleased to announce that the newsletter will continue to be available on our website along with still offering our monthly discounts. This transition allows us to minimize paper usage helping with cost and our environment. We appreciate your understanding and ongoing support as we adapt to these changes. If you have any concerns, please don't hesitate to contact us.

The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice. For guidance on any specific matter, please consult a qualified professional. ©2017 CMG

## 4-Wheel Alignment Special!

All vehicles can benefit from a four-wheel alignment. Many problems such as a steering pull to one side, uneven tire wear on the rear tires, or misaligned rear wheels can cause poor tracking. Yearly alignments can add thousands of miles to the life of your tires - that's money in your pocket from tires not bought & extra fuel not burned!

**\$10.00 OFF**  
**4-Wheel Alignment**

Expires 4/30/24  
Not Valid With Other Offers

**A Free Monthly Newsletter  
From Your Friends At  
Joe Davis AutoSport  
308 S 7th St  
Perkasie, PA 18944  
(215) 257-0204**

# April

## What's Inside?

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- Money Saving Offers -  
& Much More!**

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## *What's The Answer?*

*How Can You Start Thinking Green This Spring?*

*What Are 3 Techniques To Enhance Inspiration?*

*How Can You Expand Your Circle Of Friends At Any Age?*

*What Are Some Basic Tips For A Healthy Lifestyle?*



***The Answers To These And  
Many More Questions Are Inside***

