

October Events **Boo!**

October 3rd	Techies Day
October 5th	World Teacher's Day
October 9th	Fire Prevention Day
October 9th	Columbus Day
October 11th	Emergency Nurses Day
October 21st	Sweetest Day
October 29th	National Cat Day
October 31st	Halloween



Improve Your Brain With These Tips

Do you want to think more clearly, experience more insight, and have more creative breakthroughs? Take a look at a few tasks that you can put into practice today for a more productive and imaginative brain:

- ★ **Seek out new environments.** Don't stay in your rut. Go to a concert by a band you've never heard of. Visit a museum you've never been to. Travel somewhere completely new. You'll shake up your mind and nudge it in new directions.
- ★ **Let your mind wander.** Don't focus all the time. Give your mind permission to soar from time to time, just exploring anything that pops in. A relaxed mind is more open to new ideas and different ways of thinking.
- ★ **Have more fun.** All work and no play makes ... well, you know the rest. Take time for fun. Play a new game, take up a fresh hobby, meet new people who share your interests and can introduce you to new ones. Playfulness can lead to great ideas.
- ★ **Stop multi-tasking.** When you're working on a problem or an idea, put away all distractions and focus. If you're constantly shifting from one task to another, your brain will get tired, and you won't have the perspective you need to zero in on what you're looking for.



But What's Another Word For 'Synonym'?

A rose by any other name, as Shakespeare wrote, would smell as sweet. But that doesn't stop people from coming up with substitutions for common words, some more colorful than others.

Here are some creative synonyms for everyday terms:

- ▶ **Happy** - Delighted, pleased, glad, satisfied, joyful, blissful, cheerful, ecstatic, jolly, jovial, elated.
- ▶ **Look** - Gaze, see, glance, watch, survey, seek, peek, peep, glimpse, stare, gape, ogle, inspect, leer, observe, view, witness, peer, eye, gawk, gander, glare.
- ▶ **Trip** - Voyage, expedition, excursion, tour, journey, trek, outing, flight, travel.
- ▶ **Big** - Large, sizable, substantial, considerable, huge, great, gigantic, enormous, massive, tremendous, excessive, colossal, vast, bulky, voluminous, grand.
- ▶ **Funny** - Humorous, amusing, comical, entertaining, hysterical, hilarious, laughable.
- ▶ **Cold** - Freezing, chilly, icy, frigid, frosty, wintry, brisk.

Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to reach out to us...

Call us at (215) 257-0204

Email us at

contact@joedavisautosport.com

Or visit our website at

www.joedavisautosport.com

SIMPLY "LIKE US" AND SAVE \$10.00!!

Simply Like Our 'Joe Davis AutoSport' Page and type October on our wall.

One Per Person

Expires 10/31/23

Not Valid With Other Offers

Then bring this coupon into us and we'll take **\$10.00** off

your next service or repair with us over **\$100.00.**



Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

Janet Yost, Mike Colalillo, Buzz Woods, Xander Beck, Alisa Brownlee, Candice Mills, Rhoda & Matt Blair, Nate Smithgrasse, Lena Lopez, Noah Vucenovic, Kelly Leftdwrige, Jim McKenna, Rob Nodmann, John Moser, Chan Dasari, Dawn & Sean Smullen, David Adler, Leanna Burdack, Craig Fletcher, Debbie Lynch, Jon Shane, Arlene Quinn, Richard & Maureen Gaylord, Ben Weidemoyer, Ben Platton.

Computer Workstation Setup Tips

Most of us spend a lot of time at the computer—and that puts us at risk for injuries to the neck, back, and arms. Every so often, then, it's worthwhile to review some basic precautions for working safely:

- ◆ Use a chair with a seat height, angle of recline, and tilt that can be adjusted.
- ◆ Set your shoulders in a relaxed position, rather than hunched up or rounded.
- ◆ Place your feet flat on the floor (preferable) or flat on a footrest.
- ◆ Hold your wrists as straight as possible, rather than angled sharply up, down, or to the side.
- ◆ Place the monitor directly in front of you, so you look straight at it, rather than having to twist your neck toward the screen.
- ◆ Position the monitor 18 to 28 inches from your eyes. Set the height of the monitor so that its top is approximately an inch below your eye level.
- ◆ Be sure your arm is supported when you are using the mouse.
- ◆ Place the items you use frequently (such as pens, reference books, etc.) near you, so you don't have to stretch or twist to reach them.
- ◆ Adjust your lighting to reduce glare on your work surface or the monitor.

Facts About The Bills In Your Wallet

You don't have to be a millionaire to know the value of a dollar. Here are some facts about paper money from the U.S. Bureau of Engraving and Printing website:

- ➔ **The first \$1 Federal Reserve notes** were issued in 1963. The design, featuring President George Washington remains unchanged.
- ➔ **Currency paper** is composed of 75 percent cotton and 25 percent linen.
- ➔ **The \$10 Federal Reserve note** is one of only two banknotes that doesn't have a president on it.
- ➔ **Before a Federal Reserve note** enters circulation, it must pass through four critical steps: *design, order, production, and issuance.*
- ➔ **The approximate weight** of a banknote, regardless of denomination is 1 gram.



Safety Program: Start Small

When you're planning your workplace safety program, you may be tempted to start with the big problems: fire, violence, natural disasters, etc. While these are important to prepare for, start your efforts with the most common and likely safety problems first. The most frequent injuries aren't necessarily the most catastrophic: strained backs caused by improper lifting, slips and falls due to messy floors, cuts and bruises from inadequately shielded equipment, and so forth.

Focus on these for an immediate impact on your safety record. You should plan for major emergencies, but you'll see the best results from eliminating the small safety problems that plague most workplaces.

*“Life starts all over again
when it gets crisp
in the fall”*

- F. Scott Fitzgerald



Ladies Appreciation Month

All Ladies Will Receive \$10.00 OFF Any Service Or Repair Over \$100.00

Performed With Us On Any **Monday**

During The Month Of October!

**Expires 10/31/23
Excludes Oil Changes
Not Valid With Other Offers**

BEING AWARE

FAST - An acronym used to teach people how to detect symptoms of a Stroke.

- ▶ **F: Face** - One side of face drooping
- ▶ **A: Arms** - Arm or leg weakness
- ▶ **S: Speech** - Speech difficulty
- ▶ **T: Time** - Time to call ambulance



The quicker you act by calling 911, the better your outcome will be.

Ignoring Brake Noise Can Cause More Expenses

Brakes are among the most common repair problems and the most dangerous to ignore. Allowing them to touch the “metal to metal” stage is dangerous and could lead to a more costly repair. To help avoid any unnecessary expense, we recommend flushing your brake fluid every 2-3 years. Over time, brake fluid absorbs moisture from the air which decreases its effectiveness. It is an important service to your vehicle.

Contact us on any of the following warning signs.

- Brake light is on
- Brakes squeal when you come to a stop
- You see or smell brake fluid
- Brake pedal or wheel vibrates
- Brakes feel spongy
- Brakes grabbing
- Brakes grind or growl
- Brake Dust



With the colder temperatures ahead, it's a good idea to have your brakes inspected if you have any concerns.

Protecting Your Organization's Valuable Information

Every organization has its trade secrets or proprietary information. Protecting sensitive information is easy to overlook, though. Take these precautions to protect your organization's secrets:

- ✓ Be discreet when talking about your organization's information in public places.
- ✓ Always know who might be listening in, whether you're on the phone or in a teleconference.
- ✓ Protect identification badges, office keys, and passwords as securely as your own personal property.
- ✓ Use passwords on your computer to prohibit unauthorized users from accessing your data. Change your passwords frequently.
- ✓ Be careful when sending confidential or personal information through email.



Thank You For The Kind Words

“Not surprisingly, another excellent service appointment at Joe Davis AutoSport. These guys are great and I wouldn't take my foreign cars to anybody else. It seems that they get all the cars that the dealers can't seem to know how to diagnose and repair correctly! Don't waste your time at the dealer and go to these guys first when you need work done.”



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Federal Law (Magnusen-Moss Act 1975) prohibits new car dealers from implying or denying warranty service because routine scheduled maintenance was performed at an independent repair facility. We can handle your maintenance and repair needs. Just give us a call to schedule any of your preventative maintenance needs.

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From Your Friends At
Joe Davis AutoSport
308 S 7th Street
Perkasie, PA 18944



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What's The Answer?



What Are 9 Tips For A Safe Computer Workstation?

How Can You Protect Your Organization's Valuable Information?

What Are Some Creative Synonyms For Everyday Terms?

Do You Know These Facts About The Bills In Your Wallet?



*The Answers To These And
Many More Questions Are Inside*

