

December FUEL for THOUGHT™ 2014

A Free Monthly Newsletter From Your Friends At Joe Davis AutoSport

Make This The Year Your Resolutions Come True

Is this the year you're really going to achieve your New Year's resolutions? Follow these steps to setting good goals and following through:

- **Write down your goals.** Make them specific; make sure you can measure the goals. For instance, instead of "Lose some weight," resolve to drop five pounds by June 30.
- **Motivate yourself.** Write down why you want to achieve the goal. List all the ways you will benefit from achieving it.
- **Take stock.** Analyze exactly where you are now in reaching that goal. Note the strengths that will help you, the weaknesses that could hurt you, and the opportunities you can use to attain what you want.
- **Gather resources.** Determine what you'll need to invest to achieve your goal. Whether it's time, money, or something else, know what reaching this goal could "cost" you.
- **Commit to learning.** You may need to master new abilities to fulfill your resolution. Will you need to take classes to learn a new skill? What kind of information do you need access to?
- **Get help.** Identify all the people who can serve as your support group. This may also include organizations that can help you.
- **Develop a game plan.** Set deadlines for achieving your goals. List specific dates on which you want to complete the various steps of the plan.
- **Celebrate.** Give yourself a reward for achieving the various steps in your game plan and a final reward for achieving the intended goal.

2015

December Events

December 1st World AIDS Day
December 15th Bill of Rights Day
December 25th Christmas Day
December 31st New Years Eve



Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at

215-257-0204, Email us at joe@joedavisautosport.com,
nate@joedavisautosport.com Or visit us at
www.joedavisautosport.com



A Gift For You!

Save \$15.00 On Any Service Or
Repair From 12/24/14-12/31/14

Must Present Coupon

Cannot Be Combined With Any Other Offers



Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

**Joe Miklos, Moises Espinosa, William Barke,
James Pollino, Rob Slye, Kevin & Donna Mueller,
Frank Buccafuri, Peter Grubb, David McCollum,
Andrea Young, Matt Philbrick, Sandra Clouser.**

Keep Stress In Check During The Holidays

The holidays should be a joyous time for family and friends, but they can be stressful if you feel stretched too thin. Don't let the pressure bring you down. Here are some helpful hints for keeping your stress levels under control during what should be a fun and relaxing time:

- ◆ **Pay attention to your mood.** Recognize the signs of stress, such as irritability and anxiety. Avoid these by getting a handle on things instead of just letting them happen.
- ◆ **Set reasonable limits.** Allow yourself to say "No." Be realistic about what you can and cannot do during this busy month.
- ◆ **Watch your diet.** Overindulging in holiday treats can affect your mood. Sugar overload will make you sluggish, for example, and the stimulating effect of caffeine may make you overanxious.
- ◆ **Exercise.** Take a walk or visit the gym regularly. Not only will it combat the extra calories you're consuming, you'll also relieve tension and get some relaxation.

National Impaired Driving Prevention Month

Get home safely from your holiday parties this month and remember safe driving habits all through the year.

December was designated National Impaired Driving Prevention Month in 2011 to "address the serious and growing threat drunk, drugged, and distracted driving poses to all Americans."

Lets all get home safe!



Holiday Parties: It's All Business

The office holiday party can be lots of fun, but it's never an excuse to get crazy. No matter what the occasion, remember that you're still attending a business function. Behave accordingly and follow these rules of office party etiquette:

- * **Don't skip the party.** You don't have to stick around from start to finish, but for appearance's sake, you should at least make an appearance at the festivities. Get there on time, mingle with co-workers and bosses, eat a bit of the food, thank the host, and then you can leave.
- * **Mingle before you consume.** Parties are meant to let co-workers socialize, not just eat and drink. So when you arrive at the party, circulate the room before you head for the bar or start stuffing yourself with food.
- * **Thank your peers.** Congratulate co-workers for jobs well done or thank them for helping you on projects. Let colleagues know that you enjoy working with them.
- * **Don't get drunk.** Over indulging can only lead to embarrassment or insult. Remember that you'll be back in the workplace with most of the partygoers soon, and drunken behavior could be hard to live down.
- * **Be courteous to your date.** If you bring your spouse, a client, or a date, make sure to introduce him or her to your boss and the people you work with, and include the person in conversations. Your colleagues will notice.

Good Or Bad? You Decide

Can a joke be so bad it's actually funny? These old stories test the theory:

- ❖ Two TV antennas met, fell in love, and got married on a rooftop. The ceremony wasn't much, but the reception was excellent.
- ❖ The other day I went to buy some camouflage pants. I couldn't find any.
- ❖ Two fishermen in a kayak were getting hungry, so they decided to build a fire between them to cook the fish they'd just caught. Of course, the craft burned and sank, proving that you can't have your kayak and heat it too.



NEW YEARS BRINGS

**Your Choice:
Transmission, Coolant
Or Fuel Injection Flush**

Cannot be combined with other offers or coupons



**Any Flush Service...
Take \$15.00 OFF**

Expires 12-31-14



Must Present Coupon

Holiday Cheer!

As another year comes to an end we want to reach out and thank each and everyone of you for your continued dedication. It is your kindness and friendship that motivates us to continue to serve you and our community. We are blessed to know and have you as a part of our Joe Davis AutoSport family. May peace be your gift and blessing throughout the coming year.

*Joe, Cindi, Nate, Ryan, Laura,
Mary Lou, Nik, Justin & Ryan K*



Thanks For The Kind Words

"Joe Davis AutoSport always does a great job. They are friendly and trustworthy and truly want the best for their customers and their vehicles. Nate, Cindi, & crew are always happy to explain whatever's going on and offer options. I recently moved to Philadelphia but will continue bringing my Volvo up to Perkasie for maintenance. Highly recommend them!"

- Kate

Forget The One-Liners... Try These Two-Line Laughs

Jokes don't have to be lengthy to be funny. Just checkout some of these classic two-liners:

- ❖ Parallel lines have so much in common. It's a shame they'll never meet.
- ❖ My wife said I was immature. I told her to get out of my pillow fort.
- ❖ Want to hear a word I just made up? Plagiarism.
- ❖ Someone stole my mood ring. I don't know how I feel about that.
- ❖ I tried to catch some fog yesterday. Mist.

Snow Tires



Two or Four?



Front wheel drive lends itself to a favorable handling during inclement weather, but no matter how good a driver you may be, the traction of radial tires can be surpassed by 4 wheel drive or four snow tires.

Snow tires only on the front upset the balance of traction at the rear and will cause the rear to slide. We recommend 4 snow tires to all of our customers with front wheel & all wheel drive systems. Also, if you are considering buying 4 new snow tires, make sure they are on rims, the steel part in the middle, as this saves you money in the long run by avoiding mounting and balancing charges.

Biggest Dinosaur Ever Dug Up

Move over, T. Rex, brontosaurus, and other giant dinosaurs, you've just been replaced. Scientists have discovered the largest dinosaur to ever walk the earth. It's been named Dreadnoughtus by paleontologists at Drexel University, who unearthed its skeleton at a dig in Argentina.

The creature was as tall as a two-story building, over 80 feet long, and weighed more than 130,000 pounds, making it the biggest land animal known to date. It lived during the Cretaceous period, 66 million to 84 million years ago. Its name, from Old English, appropriately means "fear nothing."

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\$101.00- \$200.00

Take 10% Off Labor

\$201.00 & Up

Take 15% Off Labor



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Perkasie PA 18944

December

What's Inside?

- Holiday Safety Tips -
- Making Your Resolutions Come True -
 - Holiday Party Etiquette -
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- & Much More!



What's The Answer?

Can A Joke Be So Bad It's Actually Funny?



What Is A Dreadnoughtus?

Do You Really Have To Attend The Office Holiday Party?

Want To Hear A Word I Just Made Up?



*The Answers To These And Many
More Questions Are Inside*

